



Letter from President

2020 is a wrap, Happy New year to you all. A new year is a time to reflect on what this last year has brought us. What lessons, tragedies or blessings have we seen in 2020? What do you want to take from the experiences you have had or seen this past year? What memories will you hold on to? These are questions only you can answer. For myself this last year has forced me to slow down and enjoy the little things. I have reevaluated what is important to me, what gives me purpose. Although for many this year has caused hardships and sadness, I have felt blessed to have family, my health a good job and some amazing friends.

With a new year we often set new goals. Our goals are usually for health, finances and personal growth. EWI corporate offers a monthly training session to help with our personal growth. I had the pleasure of listening to an EWI Firm Member, Pamela Prine from Keystone Capital management in Arizona in today's monthly corporate training. January theme was Women Finding financial confidence. These monthly trainings are available anytime on replay on My EWI corporate website. If you were not able to join today check it out on replay.

Leave this year a little better than how we arrived.

The next few meetings will be held on Zoom. On Jan. 20th. our theme will be on Health and wellness with Jen Kripki, a personal trainer and fitness instructor from Saskatoon. This may be a great opportunity to invite your friends or business associates without them having to leave their home or have any out of pocket expenses before checking us out.

Thank you so much to Michelle Busa and Sandra Miller for putting together a fantastic December holiday event for us. We were able to meet some new faces, have some laughs and play some games. Although it was a different version of our holiday celebration, it was lots of fun.

Please reach out to myself or one of the board members; we want your feedback, we would love to hear your thoughts and ideas on what EWI looks like to you. I am honored to be a part of this EWI group. You are an amazing group of women.

Best Regards,
Susan Mowat



For kids ages 3-5 and their caregivers

Help prepare your preschooler for school success.
Join us for activities, rhymes, storytelling and a **parent session**.
A **take-home literacy kit** is provided.

Learn & Grow Together!

No Cost to Participants

When: Thursdays, January 21 - March 18, 2021

Time: 10-11am

Location: Online

Register online at READsaskatoon.com/events or call 306-652-5448



FITNESS BUNDLE PERFECT FOR 2021 GOALS

Order
1 Crewneck
1 Jogger
1 Mask
Each set
\$66.00!

Min. order is 12 sets
Each piece decorated in one location.
Masks: Digitally Printed
Sweatshirt & Jogger: Embroidered
in one location
(Embroidery up to 7500 stitches ea)
Set up fee may apply.
Taxes & freight extra.

Mask: 80% Cotton/ 5% Spandex, 3 Layers, Built-in metal nose clip, adjustable ear loops with slider & stopper. One size fits all. Non-medical use.
Crew Sweatshirt: 100% Polyester Performance Fleece. Excellent fade and shrink resistance. Men's and Ladies. Sizes S-3XL. Comes in 3 colors - your choice!
Joggers: 100% Polyester Performance Fleece. Taped Leg. Zippered pockets. Men's and Ladies. Sizes S-3XL. Comes in 4 colors - your choice!

mobo
335 Robin Way, Saskatoon, SK. S7L-6N1
306.249.4318 800.909.4318
www.mobopro.com Expires 31Jan21

Don't let a fire hazard or loss of power wait until business hours.
We are here to keep you and your family safe & secure anytime of day!

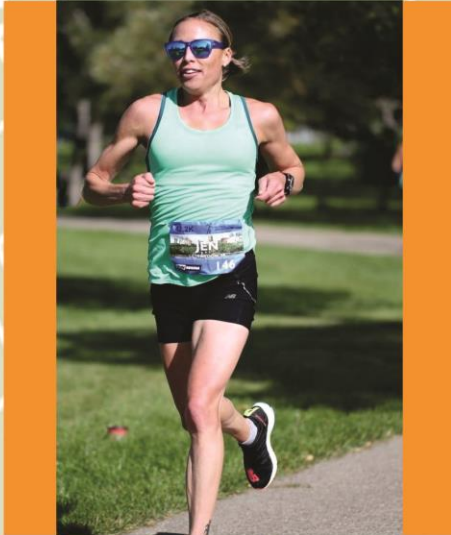


24 Hour Emergency Services
available starting January 2nd



CONNECTIONS | CAREERS | COMMUNITY

JOIN US! Wednesday, January 20th



The Program:

Jen Kripki is a Certified Personal trainer, Certified Fitness Instructor, and Registered Massage Therapist.

Jen's passion for fitness started young as a competitive soccer player and grew over the years to distance running.

In 2005, Jen completed her first marathon and from there her love of running grew to include ultramarathons and triathlons.

In 2012 Jen completed her very first Ironman Canada.

Jen began her fitness career in 2007 when she became a Certified Personal Trainer, Fitness Instructor, and long-distance running coach.

Jen is passionate about listening to each client & developing specialized programs to help them reach their individual goals.

Jen is a firm believer that with the right training program, coaching, and attitude, any goal can be accomplished.

The mental aspect of training is just as important as the physical and nutritional aspects.

Her knowledge of anatomy and physiology, her experience, and her enthusiasm have been the base for which she has helped so many to succeed.

DINNER MEETING

via Zoom

6:30 - Networking

6:45 - Program

7:30pm - Adjourn Meeting

Cost:

FREE

Register by January 18th on

ewiofsaskatoon.ca/events

Connections, Careers, Community

Guests welcome!

** for up to 3 visits*



Empower. Engage. Inspire

Up Next - Christi Beaudin of Newborn Feathers, Wednesday February 17th !

Check out the sights or get hands on: Things to do in Saskatoon

Make some artwork at the Remai Modern

Get creative with the Scotiabank Something on Sundays free drop-in artmaking program from 1 to 4 p.m. There's a 20-person limit in the studio and there will be no shared supplies outside of family bubbles. Supplies, tables and chairs are sanitized between each use. Learn more at remaimodern.org

Explore the Wonderhub

Check out the interactive exhibits at the Nutrien Wonderhub from 9 a.m. to 6 p.m. on Saturday and Sunday. All exhibits are open, except for Airways and Cosmic Commotion, and visitor capacity is limited to 150 people. Visitors must sign waivers and attestation forms before entering the exhibits and leave their contact information for contact tracing. General admission is \$8. Learn more at wonderhub.ca

Double up at the WDM

Not only does your admission into the Western Development Museum allow you to check out Boomtown, it will allow you to visit the Eaton's Once Upon A Time Christmas Exhibit, which closes Jan. 10. Boomtown and the Christmas exhibit are both open for viewing from 11 a.m. to 5 p.m. on Saturday and Sunday. After you're done checking out the museum, you can grab a meal at the Boomtown Cafe, open from 9 a.m. to 3 p.m.

See the lights at Winter City Snow Glow

Whether you're an early bird or a night owl, you'll have the opportunity to walk through the Winter City Snow Glow display at the Shakespeare on the Saskatchewan site. The overall exhibit runs until March 31, but the displays change on a regular basis. This weekend's display is dubbed "Moonlight Bonfire" and is open from 6 a.m. to sunrise and from sunset to 11 p.m.



Stay Safe, Stay well !