



Letter from President

BRRR...it is cold out there! Hope everyone is staying warm...and healthy!

I know COVID is really working its way through my friends and family. There is no escaping it. The February Dinner meeting will be on Zoom this month. Bring your dinner and a glass of wine and let's really get to know one another and listen to a great motivational speaker. Invite a guest who is looking for a group such as ours. March will signal Spring right around the corner...you will see some changes in our CONNECT and our Dinner Meeting format and other great fun surprises coming up starting March! So don't miss out. Watch for more information coming soon to a Facebook near you! STAY TUNED

Hugs,
Fran



"...Be focused. Be determined. Be hopeful. Be empowered." Michelle Obama



Meet the Board Members



Fran Seidler

I am the current President of EWI and have been a member since 2017. I have recently retired as Administrator from Hillcrest Funeral Home. However, never one to sit still, I have undertaken some part time work with Charles Mowat, Public Accountant as well as spending more time on my Mary Kay business. I am a single parent to an energetic daughter, and I have an (almost!) 16 year old granddaughter who is the light of my life! I enjoy reading, cooking and spending great times with great friends. It is my goal this year, to assist the membership in growing and expanding its members through listening to what others need, value and want to promote through their businesses and to the community.

"You can learn something new everyday if you listen" Unknown

Hi! I am Darlene Biggins, your Vice-president. I joined EWI in 2016 and have been on the board in various positions over the years. I have a strong passion about supporting community and helping others. I am a CPA with the city of Saskatoon where I manage a strong team of payroll experts. I love travelling and spending time with family and friends. I enjoy personal development and supporting, leading, and developing others.



My name is Susan Mowat. I am the adviser this year. I have worked for ClearTech Industries as a purchasing agent for 15 years. ClearTech is an industrial chemical company that specializes in water treatment. I am a married mother of two grown children and proud grandma of two amazing boys. In my spare time I enjoy spending time at the lake, spending time with my family and painting.



Meet the Board Members

Hi ! My name is Sherry Buziak. I have been a member of EWI for four years. This year I am serving as chapter Secretary and Communications Director. I am a Senior AccountManager with MOBO Promotional Solutions, and have worked in the promotional industry for 17 years. I am a happily married mother of 3 and grandma to 4 beautiful little girls. I also have 2 very large fur babies that I adore. In my free time I enjoy reading, gardening & all things in the great outdoors.



My name is Char Weightman. This year I am the treasurer on the board. I am a TMG Mortgage Broker, this year is my 10 year anniversary with prior experience working for CIBC and the Credit Union. I am happy to help all clients in every situation making their home buying dreams come true. I have three amazing pups "my girls" we are very active with walks and fat tire bike rides. We enjoy camping in the summer. I play ball hockey in my spare time, spending time with family and friends and I love to travel.

My name is Cara Mazurak and I am the Program Director for EWI of Saskatoon. I have worked at the City of Saskatoon in various positions for the past 25 years, and have gained a thoroughly knowledge of the different areas of the City of Saskatoon. My hobbies include running marathons, keeping active through exercise or interacting with people. I enjoy being involved in the community by volunteering, fundraising for different charities. I am a Consultant with Tocara Jewelry, which is a Canadian company, because I absolutely love BLING as that is why I decided to sell Tocara. I can't walk out of the house without a piece of jewelry on, as I feel like I have forgotten something. Therefore, love people and to get to know as many people as possible. EWI has allowed me to met various people of different backgrounds and professions.



Hi ! I am Anne-Marie Howie, CEO of Essential Power Inc. I am passionate about helping people and my family. When I am not busy growing my company, I enjoy activities with my 6 year old daughter such as exploring, crafting, and watching Disney movies. I am a member of the EWI board of directors in the role of Recruitement & Retention and a board member of the Saskatoon French School Society. I have 2 cats and 1 dog.

- Member News -



a taste of
MOOSE WOODS
 HOME FIRE GRILL

Lovers Getaway
 Valentine's Day Edition

February 11th & 12th
 \$299 per couple

King Room | Dinner for 2 | Indigenous Saxophonist | Artisan Market



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A TASTE OF MOOSEWOODS
 Lover's Getaway - Valentine's Day Edition

First Date
 Crostini, Prosciutto / Bresaola, Figs, Mint
 Keta Caviar, Crème Fraiche, Arugula, Blinis

Second Date
 Foie Gras Torchon, Sea Buckthorn Sauce
 Seared Scallops, Fondant Potato, Beetroot Jam,
 Celeriac Vanilla Puree

First Rose
 Raspberry & Champagne Sorbet
 Pineapple & Black Pepper Sorbet

The Engagement
 Porterhouse Steak and Butter Poached "Melting" Lobster
 Forked Yukon Mash, Truffle Scented Celery Root Puree,
 Fava Beans, Vanilla Foam, saffron beurre blanc
 Asparagus, charred onion jus

Marriage of Mousses
 Passion Fruit and White Chocolate, Ice Wine and Raspberry Coulis, Strawberries
 Spiced Valrhona dark chocolate, Tuile Ring, Hazelnut Rocher





KISS ME LOVE YOU BE MINE

SWEET AS CANDY
 VALENTINE'S DAY MENU

Join us as we celebrate
 love in the sweetest way!

02.14.22 5pm-9pm
 Garden Cafe
 Saskatoon Inn

Steak Dinner \$39.75
 10oz Ribeye Steak with double baked stuffed potato, crispy
 onion rings and gratinated tomato Florentine

Shrimp and Chicken \$37.50
 A pan seared double breast of chicken served with shrimp
 hearts and steamed broccoli spears topped with a Charon
 sauce on a bed of confetti rice pilaf.

Add Chocolate Buffet with your meal \$16.99
 Chocolate Buffet only \$19.99



We are very happy to say that we were able to help 22 families enjoy a better Christmas this year for Strength for Moms. Thank you to all who helped or donated. Remember us again for next year!

Essential Power has a team registered in the YWCA's Coldest Night of the Year walk again. We would appreciate any donations to help our team raise our goal. Essential Power will match all donations up to \$500! Also, we welcome anybody who would like to join us on February 26th

Thank you!

Anne-Marie Howie
 CEO Essential Power Inc.
 306-321-6117



CONNECTIONS | CAREERS | COMMUNITY

JOIN US!
Wednesday, February 16th



The Program:

Limiting beliefs make an impact on mindset.
 Distractions cause mental clutter, blocking our ability to
 get clear on our purpose.

What do you want to create? Our goals and desires keep
 disappearing and reappearing in moments where the images of
 our best intentions are swept away by the distractions of the day.

We need to develop our internal process that drives the right
 energy for the right growth mindset.

Start imagining the possibilities of a future state with intention
 and feel that future state like it already has happened.

An inside out approach to a growth mindset.

We have been created for more!

You are keeping "You" stuck in place.

When you shift your mindset you begin to see new possibilities.

Join us February 16th for
 an evening of Transformational Change
 with Susan McDonald

DINNER MEETING

via Zoom

6:30 - Networking

6:45 - Program

7:30pm - Adjourn Meeting

Cost:

\$15.00

Register by February 14th on
ewiofsaskatoon.ca/events

**Connections, Careers,
 Community**

Guests welcome!

** for up to 3 visits*



Reach Renew Reimagine

- Coming up next ... -

Saskatoon
ewi
CONNECTIONS | CAREERS | COMMUNITY

JOIN US!
Wednesday, March 16th



DINNER MEETING
@ Hillcrest Memorial

5:00—Drinks & Networking
6:00—Dinner
6:45—Program
7:30pm— Adjourn Dinner meeting

Cost:
\$45/Members
\$50/Guest
\$15/via Zoom

Register by March 14th on
ewiofsaskatoon.ca/events

The Program:

In early January 2016, Chad received THE phone call in the middle of the night that no one wants to receive. The police officer on the other end of the line shared the heart-shattering news, he had just lost his most precious family in a tragic car accident...

Chad shares his journey through grief, losing four family members to a drunk driver and the effect it took on everyone in his life. There were many dark days and there were times that he felt things may never get better. Remarkably, he was able to find inner peace and strength after first doing the work to truly forgive the driver of the other car.

As he came through the grief fog, he started to share his thoughts and feelings with others who had been through similar tragedies in their lives. Change started to happen. Those who listened started to transform their lives. Chad then felt an overwhelming sense that people worldwide needed to hear his story and understand his journey.

What could have been a lifelong spiral out of control in complete and utter devastation has turned out to be an amazing journey of growth and personal development.

If you have struggled with grief and/or forgiveness in any way,
Join us March 16th for an evening with
Chad Mierau



Guests welcome!
** for up to 3 visits*

Empower. Engage. Inspire

Our March dinner meeting will be our first visitor day, held in person at Hillcrest.

Each member is encouraged to bring a guest that evening. Along with our 50/50 draw there will be a door prize drawn for a member & their guest, so lets get inviting & make some new connections!

Our special guest speaker for the evening will be Chad Mierau, author of *Surviving the Crash*. He has an amazing story to tell that you wont want to miss !

We will also be supporting the Light House in March, so if you have something you would like to donate please bring it with you.

We look forward to seeing everyone
March 16th !

EWI reaches out to a worthy cause each month and supports those in need locally. In March we are supporting The Lighthouse which offers affordable housing, supportive living, and emergency shelter for adults in Saskatoon. The Lighthouse has been helping people find home since 1992. As at January 2nd these were the items they were looking for: (You can always check their website for a daily update)

- Winter Jackets
- Winter boots
- A 5XL winter jacket
- M+W Underwear (Bras, briefs, boxers)
- M/W pants (size 38 or smaller)
- Sweats (pants, hoodies, t shirts)
- Socks
- Shoes
- Towels
- All hygiene items-toothpaste, toothbrush, deodorant, disposable razors, shampoo, conditioner, shaving cream, hand cream, soap, feminine hygiene products

We accept open hygiene items that are clean on the outside and at least half full

